



# Guidelines and training rules setting

Formal introduction by the trainer

1. antidiscrimination rules
  2. communication rules
  3. feedback rules
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1. declaration of the rules to the participants:
    - Participants that discriminate by word or action against any group will be asked to leave the training by the trainer,
    - Participants have to treat each other with respect, respect different opinions and ways of life, as long as those are not discriminating groups and individuals.
  2. Be firm on the basic rules
    - “don’t interrupt the speech of the others”
    - “be polite”
    - “it’s not about right and wrong – it’s about the individual impression”;
  3. feedback is service, you have to offer and ask for, it’s about impression, it’s not to discuss,
    - “what did I like, what did I miss, what do I wish”
  4. Invite the participants to issue other Ground Rules.